

The flu is a real party pooper



And the risk of transmission is sobering.

You already know some health risks associated with keg stands, beer pong, and other drinking games. Other party activities, including hooking up and sharing smoking devices, are also risky. Alcohol and tobacco impair the immune system, giving germs greater opportunity to infect. Additionally, exposure to others' saliva (through nozzles, cups, pipes, kissing, evn sharing lip balm etc.) can transmit flu virus. Although most health agencies don't mention these behaviors, each can put you at risk for flu.

If you're like most college students, you enjoy socializing, but we doubt you can spare valuable class and study time recovering from the flu.

For more information about flu prevention, vaccination, and treatment, visit:

www.flu.gov, nyhealth.gov

or www.cdc.gov/h1n1flu

