

Topics Discussed in the Mental Health Hot Topics Session

Discussion led by Stephen Smith (SUNY Cortland) and Keith Anderson (RPI)

1. Faculty response to troubled students and the impact on college counseling centers
2. Community mental health centers' utilization of community college counseling centers
 - a. Mental health centers are now more inclined to encourage their clients to enroll in community colleges, placing a greater demand for therapeutic services on college health and counseling centers
3. The effect of "helicopter parents" on college counselors and how counseling centers are responding to the demands of concerned parents
4. Management of emails, Instant Messenger, voice mail that suggest the student is a danger to self and/or others
5. Manifestation of anxiety revealed by students and their apparent lack of coping mechanisms
6. Bio, Psycho, Social consequences of excessive alcohol consumption
7. Evolving cultural normalization of intoxication
8. Asperger's Disorder: Symptoms, Diagnosis, Treatment
9. The student's best friend - video games - and their impact on the student's academic and social life
10. The use of students as peer counselors
11. Addressing the influx and the needs of veterans as students
12. Addressing the increasing concerns of administrators, faculty, and staff in relation to troubling student conduct