



# Good things Come in Small Packages

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# Whom am I?



- Education
- Experience
- Preparation for this role



# Nazareth College



- Demographics
- Culture
- History of health services
- Staff
- Philosophy of health services



# A Breath of Fresh Air



or a Hurricane?





# Expectations



- Different leadership styles
- What must you change?
- What can wait?



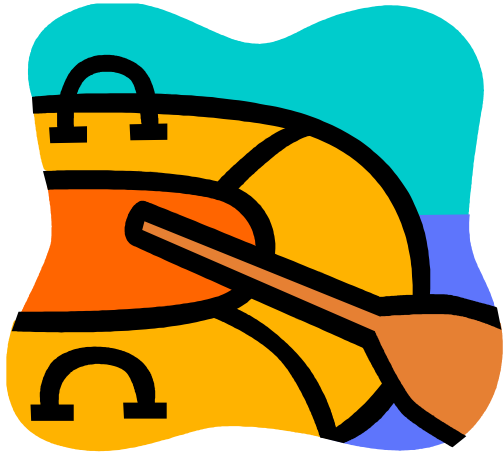
# Challenges



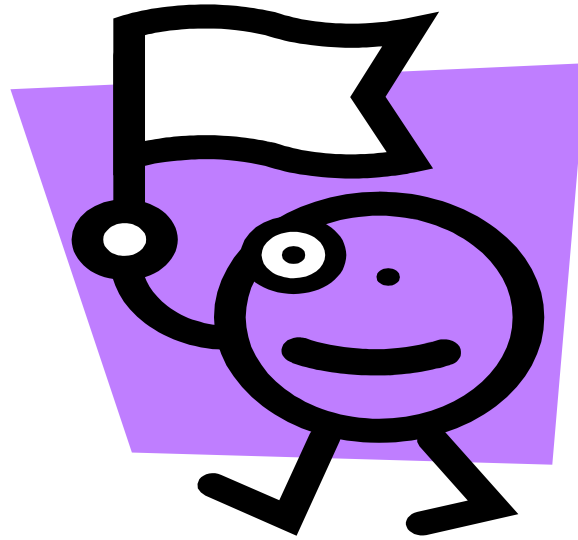
- Dual role: NP and administrator
- Incorporating additional providers
- “Sandwich role”
- All is not created equal
- Your own staff resistance



# Challenges



# Surrender!!!



# A bonus for 2007-Health Educator





# relationships

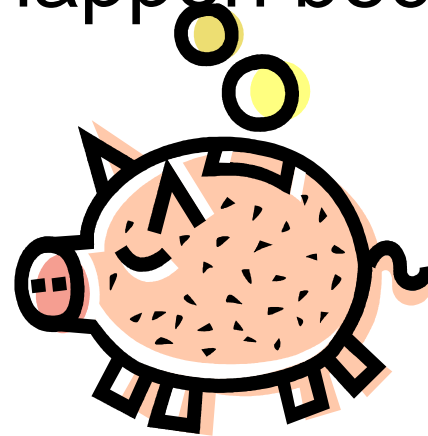


- Counseling center
- Residential life
- Campus Safety
- Athletics
- Disability coordinator
- Campus newspaper
- Academics\*
- Dining Services



# Making Change

- Resistance to change is inevitable.
- Don't assume that individuals will be rational.
- Change doesn't just happen because you said so!





# Making Change



- Most organizations are inclined to inertia
- Managing change requires you to inspire optimism and enthusiasm.



# Battles



- Pick yours carefully....

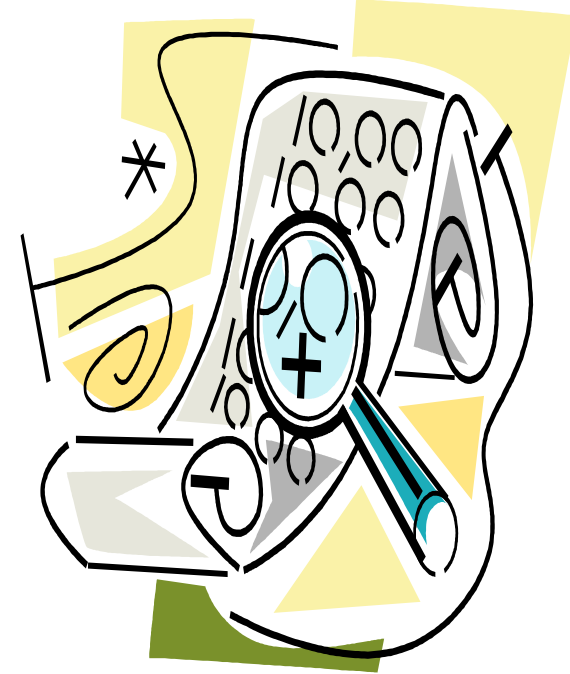




# Benchmarking



- Select schools
- Decide what you want to know
- Set up an excel spreadsheet



# Benchmarking



- Call or email.
- Fill in the blanks
- Compile
- Be willing to share the information





# Successful Strategies



- Feedback- expect it and give it!
- Don't reinvent the wheel.





# Mentor



- Internally
- Externally





# College Health Listserv Your Email



# No Boundaries



- Wear too many hats.
- Difficult to carve out time for administration.
- May not be valued by administrators.
- Health care needs misunderstood



# Use your Web Site



- Share information
- Educate parents
- Provide forms
- Update regularly.
- Put the contact information out there for all to see.





That's the way we've always  
done it....



# Seek and ye shall receive

- How to get stuff?
- Justify, justify, justify!!
- Be prepared to wait and share.



Be both a manager and  
a leader



**? QUESTIONS ?**



**THANK YOU FOR  
COMING!**